# the SPA

## at Cache Creek

### massage therapies

### AROMATHERAPY SWEDISH MASSAGE

A traditional western technique that uses long, soothing strokes to increase circulation and induce natural relaxation.

### AROMATHERAPY DEEP TISSUE

This customized massage uses various techniques such as deep tissue, sports and trigger point to focus on tight muscle tissue.

### HOT STONE MASSAGE

Hot stones are incorporated into our Swedish massage for the added benefit of pre-treating areas of concern, allowing the therapist to promote deep muscle and tissue relaxation.

### HIMALAYAN SALT STONE MASSAGE

A full-body Himalayan salt stone massage nourishes the body and relaxes the mind. Hand carved salt massage stones are warmed and massage the body in specific combinations to relax body, mind and spirit.

### CAPAY MOMMY

Perfect for those who are expecting, it includes a full body Swedish massage to help reduce swelling and relieve aches and pains. (This treatment is offered in the last 2 trimesters only).

### **CBD THERAPEUTIC MASSAGE**

Allow the healing benefits of CBD, arnica, and ginger, to nourish your muscles, joints and skin with CBD massage. This all-natural treatment gets to the root of the problem quickly and effectively by decreasing inflammation and balancing your nervous system. Settle deeply and receive the lasting benefits of this safe and effective plant medicine. Your body will thank you!

### **MASSAGE ENHANCEMENTS**

\*Please request any enhancements when making your reservation

### MOROCCAN OIL SCALP TREATMENT

This scalp massage stimulates well-being while treating the scalp and hair.

### HOT STONES OR HIMALAYAN SALT STONE

Incorporate hot stones into any massage treatment.

### CBD

Enhance any of our massages with a powerful CBD treatment for targeted pain relief. Allow the deep penetrating hemp-derived CBD cream to relax your muscles and joints, reducing pain and inflammation.



couple's journey

### COUPLE'S MASSAGE

Enjoy any massage service in our couple's retreat. Includes rose petals and candlelight.

### DEEP TISSUE MASSAGE UPGRADE

Available for the Couple's Journey of your choice at per person rate.



### body treatments -

### SÉKA HILLS REVITALIZING SCRUB

This exfoliating treatment uses a blend of Himalayan pink salt, grape seeds, and olive oil from our own Séka Hills to stimulate circulation, soothe muscles, and revive your body with antioxidants. A finishing body butter application will leave your skin feeling smooth and hydrated.

Option to pair this treatment with an aromatherapy massage using our award-winning Séka Hills massage oil.

### FOOT REFRESHER

Enjoy a revitalizing foot scrub, followed by a hot towel wrap and stimulating foot massage.



### skin care

### ESSENTIAL FACIAL

IMAGE is a clinical skincare brand, powered by safe, proven ingredients and smart botanicals to make your skin healthier. Whatever your skin's challenges, this facial is customized by our skincare professionals to rejuvenate, brighten and hydrate your skin.

### ORMEDIC LIFT FACIAL

With a blend of papaya, pineapple, and mango, this non-chemical peel naturally re-balances, regenerates and restores your skin, using organic ingredients with medical effectiveness.

### SIGNATURE FACE LIFT

Full of Vitamin C and fruit enzymes and blended in an organic aloe vera base, this facial visibly reduces redness and brightens the skin, while hyaluronic acid provides superior hydration.

### O<sup>2</sup> OXYGEN FACIAL

This luxurious skin care treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated. O<sup>2</sup> lift delivers a premium spa experience with immediate results.

### ADVANCE ANTI-AGING TREATMENT

This results-driven treatment combines the most innovative and effective botanical brighteners with Echinacea, plant-derived stem cells and anti-aging peptides for youthful, illuminated skin.

### FIRMING NECK & DÉCOLLETÉ TREATMENT

Aging doesn't stop at the face, so why should your treatments? This results-oriented treatment combines the most innovative ingredients available to erase wrinkles, correct pigmentation and tighten loose skin, leaving skin plumped and radiant.

### hydra facial

### **EXPRESS**

A breakthrough in aesthetic technology providing non-laser, non-invasive skin resurfacing. The Hydra Facial removes dead skin cells and extracts impurities while cleansing, hydrating and moisturizing. This high-tech – not high-touch – facial provides instant results for all skin types, with no discomfort or downtime.

### SIGNATURE

Our most popular Hydra Facial, the Signature, takes results to the next level with the addition of a mask customized to your skin type. As a final step, skin is drenched with hydration via an infusion of antioxidants and Hyaluronic Acid.

### ULTIMATE

Technology meets luxury in this transformative 80 minute facial. The immediate, visible results of the Signature Hydra Facial become even more dramatic when accompanied by one of three performance serums. This uniquely formulated combination of peptides remarkably smooths the appearance of fine lines and wrinkles, enhances skin elasticity, and evens skin tone. A customized mask completes the treatment, leaving you restored and your skin renewed.



### microdermabrasion

### DIAMOND GO & GLOW FACIAL

Diamond microdermabrasion removes the outermost layer of dead skin cells. It's a non-invasive procedure used to decrease the appearance of superficial pigmentation and sun damage as well as diminish fine lines, wrinkles and acne scars.

### ADD ON TREATMENT

Microdermabrasion can be added to any treatment.

face arms legs back neck/chest

full body



### SKIN CARE ENHANCEMENTS

\*Please request any enhancements when making your reservation

### I MASK BIOMOLECULAR HYDRATING RECOVERY MASK

This ultra-hydrating sheet mask from IMAGE infuses the skin with a blend of volcanic water, ginseng root extract, amino acids and antioxidants for the ultimate skin rejuvenation. Suitable for all skin types, including dry/dehydrated, sensitive and dull skin. Perfect for a little extra lift, brightening and hydration.

STEM CELL BOOSTER / VITAMIN C BOOSTER

HYALURONIC ACID BOOSTER / KOJIC ACID FIRMING NECK & DÉCOLLETÉ ADD ON



### nail care

### SPA PEDICURE

After filing, shaping, cuticle maintenance and callous work, your nail technician will exfoliate and hydrate your feet and lower legs. This treatment also includes a foot and leg massage and a final polish of your choice.

### **DELUXE MANICURE**

Building on the Spa Manicure, add a delightful hot paraffin treatment, infused with vitamin rich oils to hydrate and soothe aching and dehydrated hands.

### **DELUXE PEDICURE**

Our mineral body scrub will polish, smooth and moisturize your skin. A detoxifying mask, which releases toxins and fluid retention, is then applied to the feet. Finish with a gentle massage using shea butter containing antioxidants and marine botanicals. Detailed nail care includes filing, buffing, cuticle care and polish.



### nail care continued

### HOT STONE PEDICURE

Take care of your weary feet and tight calves with our hot stone pedicure. Feet and lower legs are massaged with basalt stones to relax tight muscles and improve blood circulation. The treatment is then followed by exfoliation and detailed pedicure services.

### EMMA POLISH MANICURE & PEDICURE

Our EMMA Polish creates a natural look that lasts at least 14 days without chips or smudges.

### NAIL CARE ADD ON

PARAFFIN HAND TREATMENT FRENCH TIP NAIL ART



### hair design

### HAIR SERVICES

HAIR CUT & STYLE SHAMPOO & BLOW DRY SPECIAL OCCASION ROOT TOUCH-UP FULL COLOR HIGHLIGHT/LOWLIGHT PARTIAL HIGHLIGHT/LOWLIGHT FULL INDIVIDUAL FOIL GLOSS

FLAT IRON

MOROCCAN OIL CONDITIONING TREATMENT Hair will be hydrated and conditioned with antioxidant-rich argan oil and nourishing ingredients. Dramatically improves hair's texture, elasticity, shine and manageability. Blow-Dry is included.

### WAXING SERVICES

LIP / CHIN / BROW FACE



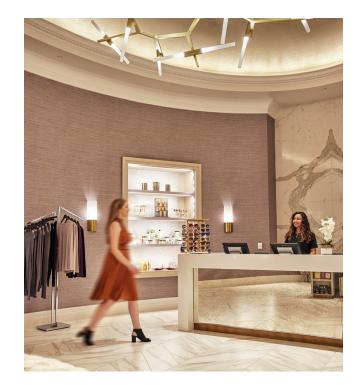
### weekday rendezvous packages

### JUST DESSERTS

- 50 Minute Aromatherapy Massage
- 50 Minute Essential Facial

### DAY OF DECADENCE

- 50 Minute Aromatherapy Massage
- 50 Minute Essential Facial
- Spa Manicure and Pedicure
- Lunch



### just a few notes...

### RESERVATIONS AND CANCELLATIONS

Your treatment and your provider's time are reserved specifically for you. Therefore, 24-hour advance notice is required should you need to change, cancel or reschedule your appointment. Late notifications and 'no call, no shows' will be charged at full treatment price. A credit card is required for all reservations.

#### ARRIVAL

For a stress-free check-in, you are encouraged to arrive at least 30 minutes prior to your service starting time. Guests with massage appointments will choose personalized aromatherapy prior to the service. We invite you to take time to shower and enjoy our amenities and the tranquility before your service. Late arrival will limit the time of your service, thus lessening its effectiveness and your pleasure. With respect to the next guest, your treatment will end at the scheduled time and the full value of your treatment will apply.

#### **SPA AMENITIES**

For our spa guests, we offer robes, sandals and vanity amenities for your comfort and convenience. While lockers are provided, we recommend securing valuables in the safety of your hotel room. Additional amenities, including whirlpools, saunas and eucalyptus-infused steam rooms, are complimentary for spa guests with services of \$100 or more.

### HOTEL CANCELLATIONS

Canceling your hotel reservation DOES NOT automatically cancel your spa appointments, so please contact us directly to do so.

### **GROUP CANCELLATIONS**

A 72-hour advance notice is required for groups of 6 or more to avoid being charged the full treatment prices.

#### SPA BITES

Guests can choose a healthy selection from our menu. Orders can be placed at check-in and delivered at your desired time. Please allow at least 45 minutes. Outside food and drinks are not allowed.

### GRATUITIES

Gratuities are at the guest's discretion and greatly appreciated by our staff. For your convenience, a 20% gratuity is added to parties of 6 or more.

### AGE REQUIREMENT

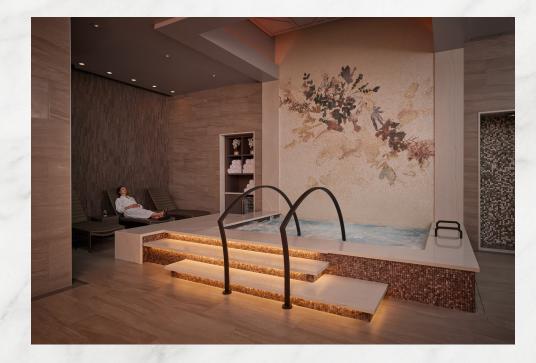
You must be at least 21 years of age to enjoy The Spa.

### **RETURN POLICY**

If you are unsatisfied with the item purchased, return it within 14 days of purchase with original receipt. All refunds will be credited to the method of payment. A check will be mailed for all cash purchases of \$50 or more. Sale items are NOT eligible for returns.

### CONTACT US

For reservations or questions, please call us at 800-452-8181, ext. 5860, or 530-796-5860. We look forward to pampering you soon!





### price list

**MASSAGE THERAPIES** 

50/80min	130/175	
50/80min	160/205	
80min	200	
80min	200	
50min	130	
25min	100	
50/80min	20/30	
50/80min	160/205	
	50/80min 80min 80min 50min 25min 50/80min	50/80min160/20580min20080min20050min13025min10050/80min20/30

### **MASSAGE ENHANCEMENTS**

Moroccan Oil Scalp Treatment	25
Hot Stone Add-On	20
Salt Stone Add-On	20
Targeted CBD	30

### **COUPLE'S JOURNEY**

Couple's Massage

50/80min 280/370

### **BODY TREATMENTS** Séka Hills Revitalizing Scrub Séka Hills Scrub + 50min Massage

### HYDRAFACIAL

Paraffin Dip

25min	200
50min	255
80min	355
	30
	30
	65
	75
	60
	100
	75
	100
	100
Pedicure Combo	110
N	
	10
	5
	50min 80min Pedicure Combo

20

Add \$20 to pricing for Massage, Facial, and Body Treatment services on Saturdays & Sundays.

125

240



### price list

#### **FACIALS**

Essential Facial	50min	130
Ormedic Lift Treatment	50min	140
Signature Face Lift	50min	165
O² Oxygen Facial	50min	175
Advanced Anti-Aging Treatment	80min	200
Firming Neck & Décolleté	25min	70

### MICRODERMABRASION

Diamond Go & Glow	155
Face	80
Arms	90
Legs	100
Back	110
Neck & Chest	90
Full Body	225

### SKIN CARE ENHANCEMENTS

Stem Cell Booster / Vital C Booster Hyaluronic Acid Booster / Kojic Acid Firming Neck & Décolleté Add-On

### HAIR SERVICES

Shampoo & Blow Dry	65
Color	115 & up
Highlight / Lowlight Partial	135 & up
Highlight / Lowlight Full	160 & up
Special Occasion	95 & up
Root Touch Up	95 & up
Individual Foils	10 & up
Conditioning Treatment	75 & up
Gloss	85 & up
Flat Iron	40 & up
Women's / Men's Haircut	75/45

#### WEEKLY PACKAGES

25 25

50

Just Desserts	250
Day of Decadence	370

